

The Ft. Hancock ISD

School Health Advisory Council



Date: September 15, 2025

Time: 2:00-2:45

Place: MS Mustang Room

AGENDA ITEMS

• Roll Call

• Identify any new members

• Review Policies and Procedures

• Upcoming Events for 2025.

• Next SHAC Meeting??

• Emails/#'s/ for contact purposes

• Open Comments

• Adjourn

Meeting Minutes:

Mr. Medina informed attendees of what SHAC (School Health Advisory Committee) stands for and the role of the committee and its members.

SHAC members are required to meet four times a year and made up of students, parents, teachers/staff, residents and entrepreneurs.

Mr. Medina went over the policy and procedures of SHAC.

Members were asked to contribute ideas on topics of concern such as but not limited to:

- Sexuality
- Suicide
- Mental Health
- Drug prevention (i.e. vaping)

Dr. Contreras suggested the Aliviane organization as a possible resource to deliver various presentations.

Project Vida was also mentioned as an organization that may provide presentations since Mrs. Gonzalez (counselor) has worked with them in the past.

2025 -2026 SHAC Priorities

1. Health Fair

- a. It has been about 3-4 years since the last health fair was hosted.
- b. Early December or January were suggested months to hold a health fair.
- c. It was suggested to consider hosting it during a $\frac{1}{2}$ day for students' day with a time frame of 9:00 -11:00 am.
- d. Coach Saldana could be asked to have athletes give a physical performance during the fair
- e. El Paso Fighting Hunger could provide food baskets to families that attend the fair.

2. Familia Fun Run Date: October 23rd @ 1:00 pm

- a. An event to encourage conditioning and inspire students to be athletic.
 - i. Running will start with the younger age and move to the older age kids.
 - ii. Medals and ribbons will be awarded.
 - iii. Organizers are in need of donations for water and Gatorade.
 - iv. NHS members will have a concession stand.

To accommodate everyone, Mr. Medina is asking for the best times to meet. Please email him for suggestions.

BME campus needs three students to have representation in SHAC.

Start time: 2:01 PM End time: 2:27 PM

Name of recorder: Mrs. Cecilia Aceves Position: BME Inst. Coach/RLA teacher